

Why should someone contact Palms Behavioral Hospital?

Behavioral health challenges can affect safety, independence, relationships and overall well-being. If you or someone you know is experiencing any symptoms listed below, please call 956.365.2600 for a confidential assessment.

- Suicidal thoughts
- Hallucinations (seeing or hearing things)
- Depression
- Substance abuse or dependence
- Marked personality changes
- Numerous unexplained physical ailments or changes in eating and sleeping patterns
- Recent onset of confused thinking, inability to concentrate and/or memory loss
- Excessive fears, anxieties or suspiciousness
- Withdrawal from family, friends, and others
- Growing inability to cope with daily living resulting in unsafe behaviors



Helping families
put their lives
back together
one piece at a time



PALMS
BEHAVIORAL HEALTH

® Contact Us:
PHONE: 956.365.2600
Visit us on the web at:
www.palmsbh.com

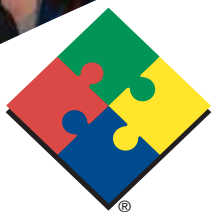
613 Victoria Lane
Harlingen, TX 78550

Comprehensive
Psychiatric
Treatment
Services



PALMS
BEHAVIORAL HEALTH

Palms Behavioral Health is dedicated to providing quality care promoting growth and structure for clients and families.



PALMS
BEHAVIORAL HEALTH

Our Team

- Psychiatrists
- Master's Level Clinicians
- Medical Doctors
- Licensed Therapists
- Registered Nurses
- Recreational Therapist
- Psychologists

Our Network

Palms Behavioral Health Hospital is part of Strategic Behavioral Health's national network of treatment and education programs.

For a Free
Confidential
Assessment 24/7
call 956.365.2600

For more information please visit
www.palmsbh.com

Program Services

Inpatient Adult Psychiatric Treatment
Inpatient Geriatric Psychiatric Treatment

--Coming Soon--

Inpatient Child/Adolescent Psychiatric Treatment
Inpatient Substance Abuse Treatment
Electroconvulsive Therapy
Intensive Outpatient Program
Partial Hospitalization Program

Inpatient Psychiatric Services

Palms Behavioral Health Hospital provides inpatient child and adolescent, adult and geriatric psychiatric services. If you need inpatient treatment, a multidisciplinary team will be assigned to your care and they will support you and your family to ensure your physical and mental health treatment needs are met.

Assessment Services

Palms Behavioral Health Hospital offers free 24/7 on-site assessment and referral services. You will receive a free and confidential level-of-care assessment conducted by a master's level assessment specialist or a psychiatric nurse. The professional will seek personal insight into your past and current symptoms in a compassionate manner to determine what level of care you need. We ensure that everyone is treated with dignity, respect and professional courtesy. Treatment options will be explored with you in accordance to your specific needs.

Who pays for treatment?

Assessment and referral services are always FREE. A financial counselor is available to discuss each individual's financial options and will work with those clients without insurance coverage on a private-pay basis. Palms Behavioral Health has contracts with most managed care organizations, and accepts a wide variety of insurances, Tricare, VA, Medicare & Medicaid

THESE PROGRAMS HELP YOU DEVELOP

- >Coping Skills
- >Emotional Management
- >Healthy Relationships
- >Personal Support Systems
- >Medication Awareness
- >Personal Independence
- >Community Relationships
- >Community Support Systems